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Deliverable D3.1-4: Guidance document on sampling, analysis and counting standards for phytoplankton in lakes

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<tr>
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<td>PP</td>
<td>Restricted to other programme participants (including the Commission Services)</td>
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Introduction

Sampling, analysis and counting of phytoplankton has been undertaken in European lakes for more than 100 years (Apstein 1892, Lauterborn 1896, Lemmermann 1903, Woloszynska 1912, Nygaard 1949). Since this early period of pioneers, there has been progress in the methods used to sample, fix, store and analyse phytoplankton. The aim of the deliverable D3.1-4 is to select, harmonize and recommend the most optimal method as a basis for lake assessment. We do not report and review the huge number of European national methods or other published manuals for phytoplankton sampling and analysis that are available.

An agreement on a proper sampling procedure is not trivial for lake phytoplankton. In the early 20th century, sampling was carried out using plankton nets. An unconcentrated sample without any pre-screening is required for quantitative phytoplankton analysis, for which various water samplers were developed. Sampling of distinct water depths or an integral sample of the euphotic zone affects the choice of the sampler and sampling procedure.

The widely accepted method to quantify algal numbers together with species determination was developed by Utermöhl (1958), who proposed the counting technique using sediment chambers and inverse microscopy. This is the basis for the recently agreed CEN standard “Water quality - Guidance standard on the enumeration of phytoplankton using inverted microscopy (Utermöhl technique)” (CEN 15204, 2006). This CEN standard does not cover the sampling procedure or the calculation of biovolumes for phytoplankton species, although Rott (1981), Hillebrand et al (1999) and Pohlmann & Friedrich (2001) have contributed advice on how to calculate taxa biovolumes effectively. Willén (1976) suggested a simplified counting method, when counting 60 individuals of each species. For the Scandinavian region an agreed phytoplankton sampling and counting manual was compiled, which has been in use for about 20 years (Olrik et al. 1998, Blomqvist & Herlitz 1998).

It is very unfortunate that no European guidance on sampling of phytoplankton in lakes was agreed before the phytoplankton assessment methods for the EU-WFD were developed and intercalibrated by Member States. In 2008 an initiative by the European Commission (Mandate M424) for two draft CEN standards on sampling in freshwaters and on calculation of phytoplankton biovolume was unfortunately delayed by administrative difficulties. Recently a grant agreement was signed between the Commission and DIN (German Institute for Standardization) in January 2012 to develop these standards. We believe this WISER guidance document can usefully contribute to these upcoming standards.

Recommendations for sampling, analysis and counting

This guidance report is not a systematic review of all possible and applied strategies, but refers to experiences from both within and outside of the WISER project. A common sampling strategy for phytoplankton in lakes is proposed here, based on agreement on a
common sampling method amongst national phytoplankton experts for adoption in the WISER field campaign. Recommendations on sampling locations and frequency are based on new analysis carried out in WISER on spatial and temporal sources of uncertainty in metric scores (Thackeray et al. 2011; 2012 – See Annex 2). A survey of sampling methods and frequencies for phytoplankton in lakes reported by European countries for EU-WFD methods (Birk et al. 2010 and milestone 6 reports) was also used in developing this recommended guidance (Table 1).

### Table 1: Sampling method and frequency for phytoplankton in lakes reported by European countries for EU-WFD methods (for details see Birk et al. 2010 and milestone 6 reports)

<table>
<thead>
<tr>
<th>Sampling method</th>
<th>Vertical depth integral if lake is thermal stratified</th>
<th>Frequency per year for PP taxa (at least)</th>
<th>Frequency chlorophyll a (at least)</th>
<th>N years must be included for assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes (N = 17)</td>
<td>euphotic (N = 14)</td>
<td>&gt; 4 samples (N = 6)</td>
<td>&gt; 5 samples (N = 7)</td>
<td>3 years (N = 4)</td>
</tr>
<tr>
<td>tube 0-2m</td>
<td>epilimnion (N = 3)</td>
<td>4 samples (N = 5)</td>
<td>4 samples (N = 6)</td>
<td></td>
</tr>
<tr>
<td>(N = 2)</td>
<td>subsurface depth</td>
<td>3 samples (N = 5)</td>
<td>3 samples (N = 6)</td>
<td></td>
</tr>
<tr>
<td>No (4)</td>
<td>shoreline/outlet</td>
<td>2 samples (N = 4)</td>
<td>2 samples (N = 4)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(N = 1)</td>
<td>1 samples (N = 3)</td>
<td>1 samples (N = 1)</td>
<td></td>
</tr>
</tbody>
</table>

### Sampling method

#### How representative is one sample per lake?

The effects of sample location and replicate sampling within a lake were examined in the WISER field exercise (Thackeray et al. 2011; WISER Deliverable 3.1-3). This work revealed that variability in metric scores is largely due to variability between lakes and that this is significantly related to differences in eutrophication pressure (total phosphorus concentrations). Differences in locations around a lake, sample replicates or analytical variability only account for a small proportion of the variability in metric scores (Table 2). These results were especially true for the three types of phytoplankton metric being used by many Member States: chlorophyll $\alpha$ concentration, PTI and cyanobacteria abundance, for which $>85\%$ of the variability in metric scores was attributed between lakes. Although these metrics were very robust to differences in the location of sampling points within a lake, it has to be stressed that the WISER field campaign only compared three different open water locations: the deep point, the mean depth point and an intermediate depth. It did not examine sampling from the edge, the outflow or separated bays and so cannot be used to approve or disapprove of any method based on these locations. It did, however, highlight that only a single open water location needs to be sampled and replicate sampling will have little benefit on uncertainty in status assessments.
Table 2. Proportions of metric variance for different sources of variability for six candidate phytoplankton metrics. Total between = Country + Waterbody, Total within = Station + Sample + Analyst + Error(sub-sample). Table taken from Thackeray et al., 2011

<table>
<thead>
<tr>
<th>Metric</th>
<th>Country</th>
<th>Waterbody</th>
<th>Station</th>
<th>Sample</th>
<th>Analyst</th>
<th>Error (sub-sample)</th>
<th>Total within</th>
<th>Total between</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chl</td>
<td>0.00</td>
<td>0.96</td>
<td>0.01</td>
<td>0.01</td>
<td>-</td>
<td>0.02</td>
<td>0.04</td>
<td>0.96</td>
</tr>
<tr>
<td>PTI</td>
<td>0.00</td>
<td>0.88</td>
<td>&lt;0.01</td>
<td>0.00</td>
<td>0.04</td>
<td>0.07</td>
<td>0.12</td>
<td>0.88</td>
</tr>
<tr>
<td>SPI</td>
<td>0.00</td>
<td>0.65</td>
<td>0.03</td>
<td>0.00</td>
<td>0.19</td>
<td>0.13</td>
<td>0.35</td>
<td>0.65</td>
</tr>
<tr>
<td>MFGI</td>
<td>0.00</td>
<td>0.86</td>
<td>0.02</td>
<td>&lt;0.01</td>
<td>0.05</td>
<td>0.08</td>
<td>0.14</td>
<td>0.86</td>
</tr>
<tr>
<td>FTI</td>
<td>0.00</td>
<td>0.81</td>
<td>0.02</td>
<td>0.00</td>
<td>0.09</td>
<td>0.08</td>
<td>0.19</td>
<td>0.81</td>
</tr>
<tr>
<td>Evenness</td>
<td>0.00</td>
<td>0.69</td>
<td>0.04</td>
<td>0.00</td>
<td>0.17</td>
<td>0.10</td>
<td>0.31</td>
<td>0.69</td>
</tr>
<tr>
<td>Log total cyanobacteria</td>
<td>0.09</td>
<td>0.86</td>
<td>0.01</td>
<td>0.00</td>
<td>0.02</td>
<td>0.03</td>
<td>0.06</td>
<td>0.94</td>
</tr>
</tbody>
</table>

These results were true for the 31 WISER lakes in the field exercise, but it should be stated that it is not always true. For example, it has been shown that in small, well sheltered lakes small-scale horizontal patchiness of the phytoplankton can result in differences in assessment results (Borics et al., 2011). There are also some more predictable exceptions, where spatial heterogeneity can be expected to be greater, where more than 1 sampling location should be considered. This includes large lakes (e.g. surface area >10 km²) or lakes with clearly distinct separated bays. In these cases, several integrated samples could be taken and mixed before analysis. If external pressures are likely to impact differently in different basins of large, morphologically complex lakes, then these basins should be designated as distinct water bodies and assessed separately. Finally, with the development of satellite technology in the near future, high resolution, multi-spectra satellite imagery may enable improved spatial representation of the open-water of large lakes for parameters such as chlorophyll $a$ and cyanobacteria biovolume (Hunter et al., 2010).

**Vertical integrated samples from various water depths**

Sampling distinct depths, such as 0.5 m depth, can be unrepresentative due to vertical heterogeneity in phytoplankton, which can form distinct layers in calm situations as a result of light over saturation, algal scums at the surface or deep layer maxima. In short, distinct depth samples do not represent the whole water column within which phytoplankton can grow. This is overcome in most European lakes and countries, by analysing phytoplankton from integrated depth samples, such as from the epilimnion or the euphotic zone. Each strategy has its advantages and disadvantages.

The euphotic zone ($Z_{eu}$) is defined by the depth to which 1% of surface light penetrates or, more pragmatically, 2.5 times the water transparency measured by Secchi depth. In clear lakes the euphotic zone can be deeper than the epilimnion, surpassing the depth of the thermal summer stratification ($Z_{epi}$), and deep chlorophyll $a$ maxima may develop. In Central
Europe wind protected deep lakes can have anoxic hypolimnion even at mesotrophic status (example is Roofensee, DE with high status), which would be integrated into a sample from the euphotic zone; in such cases integrated sampling of the epilimnion is recommended. In very turbid lakes integrated sampling from the epilimnion may also be a better choice, because the euphotic zone may be much shallower than the epilimnion, when temporal micro-stratifications enable algal bloom layers above the steepest thermally stratified layer in calm weather conditions. Some countries decided to use epilimnetic sampling in cases where $Z_{eu} < Z_{epi}$ (Table 1).

In most European countries WFD sampling is carried out at the deepest point of the lake and from the euphotic zone (see Table 1). This sampling strategy is underpinned by the investigations of Nõges et al. (2010) who showed that in thermally stratified lakes, $2.5 \times$ Secchi depth proved a suitable criterion of the sampling depth and only in the case of surface scums, would sampling of a $3 \times$ Secchi depth layer be recommended in order not to miss the deep chlorophyll maximum.

**WISER recommendation on sampling methodology**

In summary, to ensure maximum consistency across Europe, we recommend the following sampling strategy for phytoplankton biomass (including chlorophyll $a$), taxonomic composition and bloom metrics:

- To best represent the whole of the phytoplankton community, vertically integrated samples should be taken from the euphotic zone in thermally stratified lakes and reservoirs. ($2.5 \times$ Secchi depth). Integrated samples from the epilimnion may, however, be a better alternative when $Z_{eu} < Z_{epi}$

- To avoid contamination and edge effects, samples should be taken from the deepest point of a lake, or similar open-water location. When the lake is large or has a complex morphology, the sample from the deepest point could be mixed with other samples from additional open-water locations to represent the water body as a whole.

For harmonization of methods across Europe, we strongly recommend Member States consider changing their sampling strategy if they undertake the following:

- If only one distinct depth (e.g.0.5m) is sampled when the lake is stratified, Member States should strongly consider changing to an integrated sample of the euphotic zone.

- If sampling is only carried out at the lake edge or outlet, there is a strong risk of contamination with benthic algae and edge effects. Unless it can be shown that the outlet sample is representative of that particular lake, Member States should change to open-water sampling.
Frequency of sampling

The engagement and ambition to capture seasonal succession and variability greatly differs between European countries. Sampling frequencies vary from twice in the vegetation period to monthly sampling throughout the year (Table 1). These variations in sampling can contribute to differences between assessment results and may require different status class standards (e.g. some countries may set chlorophyll standards based on growing season means whilst other countries standards may be based on annual means). Additionally, different definitions of growing season can make it difficult to apply all methods consistently to all data. For example data from late summer only should not be applied to classification schemes which are based on taxonomic composition over the full growing season.

A strict and agreed definition for the growing season is not, however, possible across Europe. The duration and the onset of the ice-free period vary by longitude (Atlantic influence), latitude (Finland to Spain) and altitude. Despite this, it is evident that the period from July to August is a common period for phytoplankton sampling in European lakes (Fig. 1), and is a period in which many phytoplankton composition metrics can be applied.

![Figure 1](image-url)

**Figure 1**: Distribution of samples in months, which were analyzed for taxonomic composition to assess European lakes taken from WISER 3.1 data base. N = Nordic region; M = Mediterranean region, EC = Eastern Central region; CB = Central Baltic region.

Figure 2 demonstrates the effect of various sampling frequencies on representing the “true” annual mean based on at least 26 samples per year (Carvalho et al. 2006). The probability of mis-classification is always at least 50% at the good/moderate boundary, but because the standard deviation is low when averaging 26 samples, the probability to mis-classify strongly decreases from the boundary value. In contrast, the mis-classification risk remains very high when only one sample per year of the 26 possible samples is used to represent the annual
mean. Due to ease of measurement, chlorophyll a concentrations are often determined more frequently than phytoplankton composition. Figure 2 suggests that at least monthly sampling should be carried out at this shallow lake, and similar results were found for a deep lake. In countries with a low monthly sampling frequency the assessment can be made less uncertain by using data from 3 or more years of monitoring, thus increasing the number of samples used for assessment (Table 3). The statistical evidence for this is provided in Annex 2 (Thackerey et al 2012).

![Figure 2: Effect of within-year sampling frequency on the probability of ecological status misclassification at the good/moderate boundary for chlorophyll a concentrations (redrawn from Carvalho et al. 2006).](image)

Phytoplankton data collated in the WISER project from more than 3000 European lakes were used to carry out analyses to compare temporal and between-lake variation in phytoplankton metrics at the GIG scale (Annex 2: Thackeray et al. 2012). The three focal metrics were chlorophyll a concentration, PTI (Phillips et al. 2010) and total cyanobacterial biovolume (Carvalho et al in Mischke et al. 2010). Thackeray et al. (2012) produced results on the relative magnitude of temporal (inter-annual and monthly) and spatial (between-waterbody/country) metric variation. They used the estimated temporal variance components to describe changes in the degree of uncertainty in the observed value of each metric for a waterbody, when based upon collecting samples from different numbers of years, and/or months within years. As a result of this analysis, Table 3 summarises the minimum recommended sampling frequencies for the three metrics in three GIGs. Where possible, two alternative sampling frequencies have been recommended for a given metric to give Member
States more flexibility in their operational monitoring programmes, but retaining comparable confidence in classification.

**Table 3. Minimum recommended sampling frequencies for three metrics in three GIGs**

<table>
<thead>
<tr>
<th>Metric</th>
<th>CB-GIG</th>
<th>M-GIG</th>
<th>N-GIG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlorophyll a</td>
<td>3 months for 4 years</td>
<td>3 months for 3 years</td>
<td>2 months for 3 years or 3 months for 2 years</td>
</tr>
<tr>
<td>PTI</td>
<td>2 months for 4 years or 1 month for 6 years</td>
<td>3 months for 3 years or 1 month for 6 years</td>
<td>3 months for 3 years or 1 month for 6 years</td>
</tr>
<tr>
<td>Cyanobacteria</td>
<td>1 month for 6 years</td>
<td>1 month for 6 years</td>
<td>1 month for 6 years</td>
</tr>
</tbody>
</table>

For example, for the chlorophyll *a*-metric, the sampling variance (and associated uncertainty) reduces markedly when increasing the number of months sampled from 1 per year to 3 per year and sampling in 2 or 3 years, instead of 1 (Fig. 3). The N-GIG analyses suggest that sampling variance is similar if sampling in 2 months in each of 3 years compared with 3 months in each of 2 years, but due to the higher level of temporal variability for chlorophyll *a* in CB-GIG, a greater degree of replication is needed to achieve this same reduction in sampling variance (a minimum of 3 months in each of 4 years).

Thackeray et al., (2012: Annex 2) do also highlight that the seasonality of different metrics is often affected by a number of factors, such as latitude, longitude, altitude and TP and that sampling strategies should ideally be adaptive based on these. For European consistency, WISER recommends that the sampling season should always include the July-August period. In Southern Europe June is a common sampling month and may be best for the third month, whilst in Northern Europe September may be more appropriate. Ideally, sampling should be representative of the whole phytoplankton seasonal succession (e.g., in Mediterranean Countries 1 sampling in the period April-May and 1 in October may also be considered). It should, however, be noted that the reported uncertainties for the PTI and cyanobacteria biovolume metrics in Annex 2 are based on Jul-Sep data and uncertainties may differ if a different seasonal window is used.

The analyses of temporal variation did also suggest that unexplained (residual) variation was quite high for some metric/GIG combinations. This was particularly true for the cyanobacterial biovolume metric in N-GIG and Med-GIG and the PTI in the CB-GIG and Med-GIG. The residual variance is the variance that cannot be explained by the factors we used in the statistical analysis (i.e. the temporal (month and year) and the spatial parameters (lake and country)). This residual variation could be due to shorter-term (within month) metric variation, but may also represent variability due to within-lake location or analyst
variability. The uncertainty analysis from the WISER field exercise (D3.1-3, Thackeray et al., 2011) indicated that analyst variability was generally the highest source of within-lake variability and can be minimised by standardising sampling and analysis methods and effective training between different counters (see “Analysis and counting standards” section and Annex 1 for recommendations). For the total cyanobacterial biovolume metric this residual variance may be very high because of the high number of zero values in N-GIG and Med-GIG for this metric resulting in a very large range between the low and high values of the metric.

**Figure 3. Changes in monthly and inter-annual scale temporal sampling variance for chlorophyll a, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the cross-GIG data set**
Analysis and counting standards

In order to harmonize phytoplankton count data for the WISER field exercise, three phytoplankton workshops, including more than 30 phytoplankton experts, were held throughout Europe in 2009 to discuss counting strategies and standardise taxonomy and biovolume measurements:

- Nordic region at SYKE in Helsinki, September 10-11 organized by Marko Jarvinen
- Central Baltic European region at IGB in Berlin, September 21-22 organized by Ute Mischke
- Mediterranean region at CEDEX in Madrid, October 22-23 organized by Caridad de Hoyos

The final WISER counting method “Guidance: the quantitative analysis of phytoplankton” is provided in Annex 1 of this report. It was agreed following a survey of national methods and comments from all three workshops. This counting method may differ from some national methods for analysing WFD samples, but our survey showed that it compares closely to methods adopted by many countries. The WISER counting guidance was based on the inverted microscopy techniques described in Utermöhl (1958) and the CEN (2006) guidance standard for the routine analysis of phytoplankton. WISER added recommendations on counting effort and a counting strategy that included counts at:

1) low magnification (40x or 100x), a whole chamber count of large taxa, followed by;
2) 2 transect counts at an intermediate magnification (200x or 250x), to enumerate “intermediate-sized” taxa (>20 µm) that are too small for the low-magnification count but too rare to be reasonably counted using fields of view at high magnification, followed by;
3) a high magnification count (x400 or greater) using fields of view to pick up the small and more common taxa. Aim to count 50-100 fields of view (i.e. at least 400 taxa units assuming the recommended sample concentration).

All details are described in Annex 1.

Operational European taxa list phytoplankton – WISER code list

To harmonize the European phytoplankton data, a European taxa list was produced within the WISER project. This list was based on the former list established for the EU Rebecca project and was refined, prolonged and elongated by further information. Regional schools and traditions, competing systematic systems and increasing molecular knowledge lead to diverse names for the same morpho-types designated by different determination keys. So more than 5000 taxa were checked and merged to a final list of about 2300 taxa.

The phytoplankton list was used as the basis to produce a Taxa Entry Tool (TET) & Taxa Validation Tool (TVT) (see [http://www.freshwaterecology.info/](http://www.freshwaterecology.info/); Mischke et al. 2012).
The list offers for users and for data bases:

(1) Code numbers for all quantitatively relevant taxa of plankton

(2) Easy sorting for genus, order and class level within a common systematic classification system

(3) Taxonomically valid names (status year 2010)
   a) Offering a synonym list
   b) Providing the author of first description and year of description

(4) Highlighting marine and heterotrophic taxa.

What is still missing?

Expert network: Persons in charge for taxonomic groups in all eco-regions European or national centre for quality insurance

The European WISER list was created as an operational list to merge European data and to develop indicator systems. So the WISER phytoplankton list is not kept up to date with new valid names. These can be checked against other online taxonomic sources, such as the webpage http://www.algaebase.org/.

**Activities to harmonize determination of biovolume**

A draft of a CEN proposal for biovolume determination was prepared by Germany in 2008, to cover marine and freshwater analysis of phytoplankton. This draft (Water quality — Phytoplankton biovolume determination by microscopic measurement of cell dimensions) will be tested in an inter-laboratory comparison in the up-coming DIN project under the Mandate 424. The aim is to provide a complete list of genus names and, if deviating in shape, of species names connected to the most proper geometric shapes, indicating the cell dimensions to measure and the calculation equations. The HELCOM checklist of Baltic Sea Phytoplankton Species is a useful starting point listing the marine taxa with geometric shapes (Hillebrand et al, 1999, Olenina et al. 2006). Further pure freshwater taxa must be added to this list.
Table A.1 (continued) Example redrawn from draft CEN proposal

<table>
<thead>
<tr>
<th>Geometric shape</th>
<th>Illustration</th>
<th>Equation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sickle shaped cylinder (synonyms: Sickle shaped prism)</td>
<td><img src="image" alt="Illustration" /></td>
<td>[ V = \frac{1}{4} \pi \cdot h \cdot (d_1 \cdot d_2 - d_3 \cdot d_4) ]</td>
</tr>
</tbody>
</table>

References


CEN EN 15204, 2006. Water quality – Guidance standard for the routine analysis of phytoplankton abundance and composition using inverted microscopy (Utermöhl technique)


Annex 1: **WISER Guidance on phytoplankton counting**  

The following WISER guidance has been developed with reference to the CEN standard “Water quality - Guidance standard on the enumeration of phytoplankton using inverted microscopy (Utermöhl technique)” (CEN 15204, 2006) and national methods and procedures (e.g. "Test Methods and Procedures: Freshwater Phytoplankton" (NRA, 1995), “PL100 Quantitative and qualitative phytoplankton analysis” (SYKE) and "Guidance on the quantitative analysis of phytoplankton in Freshwater Samples" (Brierley et al. 2007)).

This method should be used in the quantitative analysis of WISER phytoplankton samples that are collected for the uncertainty analysis in summer 2009. The described method may differ from that used nationally when analysing WFD samples.

**Principles**

The quantitative analysis described here includes the identification, enumeration and calculation of biovolumes of Lugol’s iodine preserved water samples. Analysis should be carried out using sedimentation chambers with an inverted microscope (Utermöhl technique).

The preserved sample is thoroughly mixed and a sub-sample of known volume is placed in a sedimentation chamber. When the algae have settled to the bottom of the chamber, they are counted and identified using an inverted microscope.

The statistical reliability of the analysis depends upon the distribution of algal units/cells within the sedimentation chamber and assumes that the algae are randomly distributed within the chamber.

The counts for individual taxa are converted to algal biomass by using the cell/unit volume of the count units. The volumes are based on measurements made during counting or alternatively on available biovolume information for different taxa and size-classes.

**Equipment**

**List of equipment**
Sedimentation chambers of **5 to 50 ml capacity**. Chambers should be approx. **25 mm** in diameter. Sedimentation chambers of 100 ml should be avoided because of the high risk of improper sedimentation of settling material.

- Inverted microscope with phase contrast (and/or DIC/Normarski) including:
  1) long working distance condenser with numerical aperture of >0.5
  2) 10x or 12.5x binocular eyepieces, and preferably one with a square grid, and another with a cross-hair graticule (Figure 2.1)
  3) low power objective (4x or 10x)
  4) 10x, 20x and 40x (or greater – x60 or x100 recommended for identification and biovolume measurement of very small species), phase &/or DIC objectives
  5) ideally the microscope should be fitted with a (digital) camera
  6) a mechanical stage
  7) one eyepiece graticule for transect counting e.g. Figure 1 or similar
- Variety of pipettes with wide bore tips
- Glass cylinders for initial sedimentation (oligotrophic waters with extremely low algal densities)
- Supply of ultra high purity or membrane filtered water is recommended for topping up, diluting and general cleaning.

**Figure 1** Examples of suitable eyepiece graticules

(a) Whipple graticule  (b) cross-hair graticule  (c) Simple square

**Calibration of equipment**

Each counting chamber should be marked with a unique mark or number and a note made of the counting chamber area. This is calculated by measuring the cover slip aperture (rather than the chamber itself) using either a vernier gauge or the microscope stage vernier if one is available.
present. The mean of 5 diameters should be taken and the area of the chamber calculated using the formula \( \pi r^2 \). Chamber volumes should be measured accurately (e.g. 5 ml chambers can range from 4.7-5.2 ml). To measure the chamber volume, weigh the chamber (counting chamber with cover slide + column of a determined volume + thick glass cover) and lid whilst empty, then fill with distilled water and re-weigh. The weight in grammes is equivalent to volume in ml. **Repeat three times** and record the average.

It is clear that these measurements, diameter and volume, need to be made only once but for every combination used: counting chamber + column of volume x (for example chber1 + column 10ml, chber1 + column 25 ml, chber2 + column 10 ml,…). It is important to identify these combinations by unique marks.

All eyepiece/graticule and objective combinations should be calibrated with a stage micrometer (e.g. 100\(\mu\)m x 10\(\mu\)m divisions) and the dimensions and areas of counting fields, transects and the whole chamber area should be calculated for each of the magnifications used.

**Preparation of samples**

**Storage of samples**

Use alkaline Lugol’s solution (using sodium acetate buffer) or acid Lugol’s (which allowed better sedimentation of buoyant cyanobacteria) as a preservative to reach a final concentration of about 0.5% in the sample, i.e. about 8 drops per 100 ml (or 2.5 ml for a 500 ml flask). The final concentration should give the sample a light brown/orange colour (whisky). Depending on the type of sample, reaching the colour can take a higher number of drops – in acid waters for instance.

For WISER counting, the Lugol preserved samples should be stored in darkness. For longer-term storage other storage protocols may be necessary.

**Acclimatisation**

Stored and preserved samples, sedimentation chambers and all equipment used should be allowed to acclimatise to the room temperature for 24 hours. This has been found to be one of the most important factors in achieving a random distribution of algal cells in the chambers. **Acclimatisation should be carried out in the dark.**

**Sample mixing**

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Just before taking a sub-sample to fill the sedimentation chamber, the sample is manually thoroughly mixed using a combination of alternating horizontal rolling and vertical tumbling (turning upside down) of the sample bottle for around 2 minutes. These actions should be gentle and not involve any vigorous shaking or vortex formation.

**Sub-sample preparation and setting up chambers**

After thorough mixing, a known volume of sample is used to fill the sedimentation chamber. The method and care taken to fill the chambers is crucial as it determines the final distribution of settled algae in the chamber. Place the sedimentation chamber on a horizontal flat surface and away from strong heat, light and vibration sources. Take enough sample, either directly from the bottle or with a pipette, to completely fill the chamber in one addition. Fill a little more than needed and allow a little to over-spill the chamber when you slide the lid across, making sure air bubbles are avoided. Make a note of the sample volume, sample site and date next to the chamber or label the flat sedimentation board.

**For 10 ml chambers settle for at least 12 hours, for 25 ml chambers at least 24 hours, and for 50 ml chambers at least 48 hours.** Notice that too long a settling period (several days) increases the risk of disturbance and air bubbles.

Check for buoyant algae (cyanobacteria or *Botryococcus*) at the top of the chamber using the low power objective. If buoyant algae are present, it is possible to add 5 to 10 drops of glacial acetic acid directly to the sample before homogenisation. Alternatively use a Lund chamber or Sedgewick-Rafter cell for counting buoyant algae.

After sedimentation, if combination chambers are used, then slide the chamber column aside and replace it with a thick cover slide. With both combination chambers and 5 or 10 ml HydroBios type chambers, check for and try to avoid introducing any air bubbles at this stage. These can be eliminated by carefully topping up with UHP or membrane filtered water from a dropper pipette whilst sliding the cover slide back into place. The sedimentation chamber should be gently moved to the microscope stage. Open chambers should not be moved as the settled algae will be easily disturbed.

If care is taken then a random distribution allows uniform counting strategies and statistical methods to be used. If a random distribution is not achieved then a new sample is prepared.
The exact volume of sample used to fill the chamber depends on the phytoplankton density. A number of options are available for dealing with varying densities of phytoplankton:

1) Use a sedimentation chamber of an appropriate size depending on how abundant the algae are (chlorophyll concentrations may be used as a guide). However, we do not recommend using chambers less than 5 ml or greater than 50 ml. Dilution or concentration is necessary if densities are high or low;

2) For very low densities, a pre-concentration step may be necessary. Let sample settle in a measuring cylinder - usually 250 ml is sufficient. Leave for 3 days and then draw off top water leaving 25 ml at bottom of cylinder (i.e. x10 concentration). If needed this can be repeated with up to 4 250 ml cylinders and the 4 lots of 25 ml then poured into a 100 ml measuring cylinder for a second pre-concentration to 10 ml (i.e. x100 concentration);

3) For very high densities, where 5 ml of sample is too much, it is necessary to dilute the sample before adding to the chamber. Add a known volume of sub-sample to a measuring cylinder and top-up to a measured volume with Lugol’s preserved drinking water (may need to check there are no algae in drinking water). Do not dilute with distilled water as the osmotic pressure can affect cell morphology.

A general rule is to aim for about 4 to 20 counting units per counting field at high (400x-800x) magnification.

After the appropriate settlement period and before counting two checks need to be made:

1) The overall distribution pattern of particles should be checked at very low magnification (4x or 10x objectives). A random (Poisson) distribution is required and this is recognised by the irregular pattern, often with open spaces. If particles are not randomly distributed and for example are concentrated in one area of the chamber or found in concentric rings towards the edge of the chamber then a new sample should be set up;

2) If the algal density is too low or too high then another sample should be set up and the volume adjusted accordingly.

Counting

The observed taxa are identified to the highest possible taxonomic level. It is very important to remember that it is better to correctly identify algae to lower taxonomic level than misidentify to a higher level.
It is useful to scan the sample at a variety of magnifications before the quantitative analysis is undertaken and to compile a taxa list before beginning the count. For WISER the following general counting rules apply:

- Empty cells should **not** be counted e.g. do not count empty diatom cells or *Dinobryon* loricas;
- Small colourless heterotrophic flagellates should **not** be counted;
- Littoral or benthic taxa such as *Surirella* and *Nostoc*, **should** be counted. In shallow lakes they can contribute a significant proportion of the sample;
- Picoplankton that forms colonies **should** be counted (e.g. *Aphanothece, Cyanodictyon*) with estimates made of cell numbers;
- Unicellular picoplankton (<2 µm) should **not** be counted;
- Heterocysts and akinetes of filamentous cyanobacteria **should** be counted (with separate measurements for biovolume estimates if present in large number).

**Counting procedure**

The count should be carried out in the following manner;

1) at low magnification (**40x or 100x**), a **whole chamber count** to pick up large taxa, followed by;

2) **2 transect counts** at an intermediate magnification (**200x or 250x**), to enumerate “intermediate-sized” taxa (>20 µm) that are too small for the low-magnification count but too large to be reasonably counted using fields of view at high magnification, followed by;

3) a high magnification count (**x400 or greater**) using fields of view to pick up the small taxa. Aim to count **50-100 fields of view** (i.e. at least **400 units** assuming the recommended sample concentration).

More details are provided in the sections below.

**Counting the whole chamber at low magnification for large taxa**

Working at low power (x40 to x100) the whole chamber should be scanned in a series of horizontal or vertical transects (Figure 2) and the larger taxa (e.g. *Ceratium*), large colonial or filamentous forms (e.g. *Microcystis, Fragilaria*) and rare species counted. A cross-hair graticule eyepiece, or similar, (Figure 1) should be used if possible when counting the whole chamber. In horizontal transects, algae that lie between two horizontal lines are counted as
they pass the horizontal line; algal objects that cross the top line are included whilst those crossing the bottom line are not and will be counted on the next transect (or vice versa).

**Figure 2** Counting method for whole chamber; horizontal transects.

![Counting method for whole chamber; horizontal transects](image)

**Counting diameter transects**

Algal objects larger than approximately 20 µm (e.g. *Cryptomonas*) are counted at 200x – 250x magnification in **2 randomly** chosen diameter transects of the counting chamber (Figure 3). The cross-hair eyepiece and method for counting algal objects described in the section above is used. The chamber is rotated between transect to randomly chosen positions.

**Figure 3** Counting method for diameter transects.

![Counting method for diameter transects](image)
Counting randomly selected fields

Small algae, <20 µm (e.g. *Rhodomonas*, small centric diatoms), should be counted in **50-100 randomly selected fields** at x400 magnification (or greater) using a square, Whipple graticule, Miller Square or similar in the ocular eyepiece or the field of view to delineate the counting area. The number of fields counted should achieve a total count of approximately **400 phytoplankton units for the sample**. Fields should be selected in a stratified-random way following the same pattern as the full chamber counts (Figure 2). The counter must not look down the microscope when selecting a field – as this will result in non-random selection of fields.

A tally of the number of fields counted is required as well as the counts of individual identified algal units (cells, colonies or filaments).

When counting random fields it is important to take a consistent approach to decide whether unicellular algal objects lying across the grid lines are counted in or out. A simple rule should be adopted as described in the CEN method (2006): unicellular algal cells crossing either the top or the left hand side of the grid are not counted whilst those crossing the bottom or right hand side of the grid are counted (Figure 4).

**For filaments and colonies, only the cells or filament length that is inside the field of view should be counted** – although these larger taxa should usually be counted at lower magnification in transects or full chamber count.

*Figure 4* Example of rule for counting cells on edge of field

![Example of rule for counting cells on edge of field](image)

Y - counted  
N – not counted
**Point to consider when counting**

**Algal objects and counting units:**

Counting units are independent algal cells, colonies or filaments/trichomes. One species or taxa may be present in the sample as different counting units and may be counted at different magnifications.

For example, *Microcystis* colonies are counted in the whole-chamber or transect but individual *Microcystis* cells (which may be present if colonies are disintegrating) are counted in random fields. Similarly *Dinobryon* colonies may be counted in whole chamber or diameter transects, but single *Dinobryon* cells often need to be counted in random fields.

Other examples of counting/algal units include:

- Colonies e.g. *Aphanocapsa, Aphanothece, Coelomoron, Coelosphaerium, Cyanodictyon, Cyanonephron, Gomphosphaeria, Microcystis, Radiocystis, Snowella, Woronichinia, Coelosphaerium, Planktosphaeria, Sphaerocystis*;
- Algal cells which can occur as single cells but also form colonies, e.g. *Aulacoseira, Dinobryon, Melosira*, are counted as cells;
- Colonies which have more or less permanent cell numbers, e.g. *Desmodesmus/Scenedesmus* (2, 4 or 8 cells), *Pandorina* (16 cells) *Crucigenia* (4 cells);
-Filaments or trichomes e.g. *Anabaena, Aphanizomenon, Oscillatoria, Planktothrix*.

Species with a high variation of size can be counted in size-classes (e.g. Cryptomonadales <16 µm, 16-26 µm, >26 µm).

**Calculating cells per colony/filament**

It is often necessary to estimate the numbers of cells per colony or filament. For some taxa the cell numbers per colony may be consistent or have several modes as illustrated above whilst for others the cell numbers do not have a consistent distribution e.g. *Microcystis* where the number of cells per colony can vary from a few to several million cells.

- For estimating number of cells per colonies or coenobia:

  **Make direct counts** of cells in the whole colony. If the colony is very large or cells are very small, mean cell numbers may have to be estimated. This is best done by estimating cell numbers in a more restricted area or in ‘sub-colonies’ of the colony and estimating how many similar areas are contained within the counting field. These

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can then be multiplied up by number of ‘sub-colonies’ or the ratio of small area to whole colony to get the total cell numbers, e.g. *Microcystis*, *Woronichinia*, etc.

- For estimating the number of **cells per filament**:

  Make **direct count of cells** if it is possible. In other cases:

  - Using **filament measurements** – for whole chamber or transect counts at low or intermediate magnification whole filament lengths can be measured for all filaments observed. If filaments are very abundant, mean dimensions can be estimated by measuring the length of at least 30 filaments. This could be done just once for each lake by both counters. For high-magnification random field of view or transect counts, only the length of the filaments lying within the grid should be measured.

  - Using **cell volumes** – combine counting of filaments, with the mean numbers of cells per unit filament length, e.g. *Aphanizomenon*.

    - If possible calculate the average number of cells per unit length from up to 10 filaments (e.g. 20 µm). This can be measured at a higher magnification if the cells are small or hard to distinguish easily (e.g. but for some species, like *Planktothrix*/*Oscillatoria this is not often possible*);

    - If you can differentiate cells, then the number of cells per filament is calculated by multiplying up the average filament length by the average number of cells per unit length.

  - Where the algae form **spiral filaments** e.g. *Anabaena circinalis*, the average number of cells per gyre is counted and then the number of gyres per filament is estimated. The two numbers are multiplied together to give the estimated number of cells per filament.

**Identification and coding**

Species are coded as presented in the WISER_REBECCA taxa list for phytoplankton available on the WISER intranet. The present updated taxa list is also included in the counter spreadsheet.

**Calculation of phytoplankton biovolume**

Biovolumes must be measured for all taxa and is done by assigning simple geometric shapes to each cell, filament or colony, measuring the appropriate dimensions and inputting these into formulae to calculate the cell volume. Available biovolumes can be used for taxa and different size-classes providing that taxa dimensions are checked during the analysis by measurements. This could be done just once for each lake by both counters.
The counting spreadsheet which will accompany this guidance includes a fixed, pre-determined, formula for the biovolume of each taxon. All that is required is for the appropriate mean dimensions to be input to the spreadsheet so that the biovolume can be calculated automatically (see points listed below).

Measurements of the required cell dimensions (length, width, diameter) are made at an appropriate magnification using a calibrated ocular eyepiece, e.g. a Whipple Graticule. The eyepiece is rotated so that the scale is put over the required cell dimension and the measurement made by taking the ocular measurement and multiplying by the calibration factor for that magnification and eyepiece combination. The measurements can be also made by image analysis.

**Biovolume estimation of unicellular taxa**

It is important to measure the linear dimensions of a number of individual units of all taxa observed in the sample. For taxa of more variable size (e.g. centric diatoms), and taxa that contribute significantly to the total biovolume (e.g. >5% of biovolume), at least 10 individuals should be measured.

For some species with external skeletons much larger than cell contents, e.g. Dinobryon, Urosolenia, the dimensions of the plasma/organic cell contents should be measured, not the external skeleton dimensions.

**Biovolume estimation of filamentous taxa**

For filamentous taxa, the average biovolume can be estimated using the method described in 0 for estimating number of cells per filament multiplying by the mean biovolume of one cell. Or it is possible to use the mean dimensions of filaments to calculate the biovolume of one filament multiplying by the number of filaments.

**Biovolume estimation of colonial taxa**

for colonial taxa, count or estimate cell numbers as described in 0 and multiply by mean cell dimensions (often single measure of dimensions needed). Using colony/coenobium measurements – measure colony width and depth e.g. Pediastrum – with colony depth approximated as an individual cell diameter.
A new CEN standard is under preparation for calculating cell volumes of phytoplankton. This CEN standard draft can be used to calculate biovolumes if less common taxa are added to the spreadsheet.

**Data entry**

An Excel spreadsheet will be provided for data entry. The counting can be carried out using different programmes or spreadsheets, but the final output should be transferred to the WISER Excel spreadsheet. The spreadsheet contains the whole WISER_REBECCA taxa list and provides biovolume formulae for many of the common taxa. It also allows the raw data to be summarised. All required details must be input into the counting spreadsheet according to the accompanying instructions.

Data to be entered will include information on the sample site (lake code, location, replicate and sub-sample no.) and date of collection, date of analysis, the person who carried out the count, information on the chamber and counting areas and the volume of sample used. For each taxa found, the number of units counted, the number of fields of view (or equivalent for whole chamber or diameter transects) in which it was counted and mean dimensions of the taxa will be recorded. For taxa which are counted in more than one form, e.g. individual cells and filaments/colonies, it is important to fill in one row for cells counted and the other for filaments or colonies. For filaments and colonies, an estimate of the numbers of cells is also usually required to calculate biovolume/ml. Cells/ml and biovolume/ml for each taxa are automatically calculated once the count and mean dimensions are entered.

**Quality Assurance and validation of counts**

Detailed quality assurance methodology and validation of counts are given in CEN (2006), NRA (1995), Kelly and Kelly & al. (1998) and Rott (1981, 2007). The following should be noted:

1) Details of microscopes, chambers (individually identified and calibrated) and calibration of all ocular/objective combinations should be recorded in a note book and kept for reference. If fixed volume pipettes these should be calibrated annually;
2) Checks for random distribution of sample should be done visually at low magnification for each sample. Some simple checks include: comparing the number of observations in (a) half a chamber with the other half (b) comparing counts in the 1st transect with the 2nd transect and (c) comparing counts in the first 20 field of view with the next 20 fields. A more detailed check using simple Chi squared test should be done if a sample does not appear to be randomly sedimented or 1 sample every 3 months or so. The Chi squared test is not carried out in the WISER samples.
Literature - Methodology

CEN EN 15204, 2006. Water quality – Guidance standard for the routine analysis of phytoplankton abundance and composition using inverted microscopy (Utermöhl technique)


SYKE. PL100 Quantitative and qualitative phytoplankton analysis. 12pp


Literature – taxonomic

This is not an exhaustive list of references on phytoplankton, but presents the documents currently used, to varying degrees, for the determination of phytoplankton taxa in lake surveys. The references highlighted are considered as less useful.

Anton, A.; Duthie, H. C., 1981. Use of cluster analysis in the systematics of the algal genus Cryptomonas, Canadian journal of botany, 59,6, 992-1002


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Deliverable D3.1-4: Guidance document on sampling, analysis and counting standards for phytoplankton in lakes


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Annex 2: WISER temporal uncertainty analysis for phytoplankton

Stephen Thackeray, Michael Dunbar, Claire McDonald & Bernard Dudley

Approach and rationale

The broad objective of this analysis has been to quantify and compare the degree of temporal (inter-annual and monthly) and spatial (among countries and waterbodies) variation in lake phytoplankton metrics. The three focal metrics have been chlorophyll $a$ concentration, PTI and total cyanobacterial biovolume. Though some previous studies (e.g. SNIFFER work) have aimed to quantify temporal variation in phytoplankton at the scale of a single lake system, we have attempted the complementary approach of conducting a large-scale (pan-European) analysis that will give a more integrated picture of the degree of temporal uncertainty in phytoplankton metrics.

To this end, we statistically modelled metric data calculated from the background dataset. We used linear mixed effects (LME) models to resolve the different independent spatial/temporal components of metric variation, while taking account of the nested (hierarchic) structure of the data set. In simple terms, we constructed a model that described the typical monthly pattern of variation in each metric and that allowed this monthly pattern to be modified as a function of lake attributes that might be expected to affect the course of phytoplankton seasonal succession, and therefore monthly metric variation. For example:

$$\log_{10}(\text{Chl-a}) \sim f[(\text{Month} \times \text{Latitude}) + (\text{Month} \times \text{Longitude}) + (\text{Month} \times \text{Altitude Type}) + (\text{Month} \times \text{Humic Type}) + (\text{Month} \times \text{Lake Type}) + (\text{Month} \times \log_{10}\text{TP})]$$

(where month, altitude type, humic type and lake type are categorical variables)

So, in this case, the interaction terms allow the “typical” monthly pattern in log$_{10}$ chlorophyll $a$ concentration to change as a function of latitude, longitude, altitude, humic content, lake type (e.g. high alkalinity-very shallow..) and log$_{10}$ total phosphorus concentration. We feel that this makes more sense biologically than assuming the same monthly pattern in all lakes across the geographical range of the background data set. Within each model we set up a nesting (random effects) structure that describes the hierarchic nature of the data set: data from each sampling date are nested within month, which is nested within year, which is nested within lake, which is nested within country. We then went through a process of selecting the best combination of month-waterbody attribute interactions, so that we could remove waterbody attributes from the model if they were having only minimal effects on monthly variation in metrics.

From these models we can obtain estimates of the variance in metric scores that arises:

- Among countries, $\sigma^2_c$
- Among waterbodies (within countries), $\sigma^2_w$
- Among years (within waterbodies, within countries), $\sigma^2_y$
- Among months (within years, within waterbodies, within countries), $\sigma^2_m$

The variance $\sigma^2_m$ represents monthly variations in a given metric that are not captured by the “typical” pattern described by the fitted explanatory variables (the fixed effects). This variance can be interpreted as monthly metric variability around the pattern that is typical of a given waterbody type. For example, in a “typical year” in a given lake type, we might expect a systematic increase in a metric throughout the summer. However, intra-annual variations in physico-chemical forcing or biotic interactions will generate fluctuations around this typical pattern in any given year, such that we are uncertain of whether any single sample is indeed characteristic of average conditions for the month within which it is collected. Within the fitted models, a residual metric variance ($\sigma^2_r$) is also estimated. Given the model structure described above, this residual variance will represent a number of other sources of metric variability. Within $\sigma^2_r$, there will be some metric variability associated with shorter-term (i.e., within-month) temporal variations in the phytoplankton assemblage. This variation would have been estimated from instances in the data set where >1 sample per month has been collected. However, there will also be an (unknown) contribution to $\sigma^2_r$ from other sources, for instance differences in sampling site location, analyst and analytical procedures among samples. In the present analysis it has not been possible to explicitly determine the relative magnitude of the contributions of these sources of variability. Herein, we use $\sigma^2_r$ as an estimate of the remaining sources of variability inherent in the metrics, after accounting for spatial variability (among waterbodies and countries) and the longer-term (inter-annual, monthly) aspects of temporal variability.

For each of the three metrics we ran:

1) An analysis of all background metric data for which latitude, longitude, altitude, lake type, humic type and TP data were available (dominated by data from N-GIG and CB-GIG, with minor contributions from Alpine-GIG and EC-GIG).
2) Simplified (separate) analyses for N-GIG, CB-GIG and Med-GIG. In these analyses some of the variables used in the more integrated cross-GIG analysis (1) had to be dropped as they were redundant within a single GIG.

In what follows we present results on the relative magnitude of temporal and spatial (among-waterbody/country) metric variation. We specifically estimate the longer-term aspects of temporal variation; monthly and inter-annual scale temporal variation ($\sigma^2_m + \sigma^2_y$). We also present the residual metric variance ($\sigma^2_r$) to indicate the importance of other sources of variation, compared to spatial and temporal variation. It is possible to produce effects plots to show how monthly variations in metrics change with waterbody attributes, but this may be better left to a subsequent temporal uncertainty paper?

We also demonstrate the effect of different sampling frequencies upon the level of monthly and inter-annual scale temporal sampling uncertainty. Using the estimated variance
components, we calculated a measure of sampling variance to describe the degree of sampling uncertainty in the mean observed value of each metric for a waterbody, when based upon collecting samples from different numbers of years, and/or months within years (see Ralph Clarke’s presentations on WISERBUGS):

Monthly and inter-annual scale temporal sampling variance of water body mean =

\[
\sigma_y^2 \times (1 - \frac{N_{\text{year}}}{\text{max}_{\text{year}}}) + \sigma_m^2 \times (1 - \frac{N_{\text{month}}}{\text{max}_{\text{month}}}) \times \frac{N_{\text{year}}}{(N_{\text{month}} \times N_{\text{year}})}
\]

Where:
\(\sigma_y^2\) = year-level variance from mixed effects model
\(\sigma_m^2\) = month-level variance from mixed effects model
\(N_{\text{year}}\) = number of years sampled
\(N_{\text{month}}\) = number of months sampled per year
\(\text{Max}_{\text{month}}\) = maximum number of months that can be sampled per year [for total cyanobacteria and PTI, \(\text{max}_{\text{month}} = 3\) (July-September); for Chl-a, \(\text{max}_{\text{month}} = 6\) (April-September)]
\(\text{Max}_{\text{year}}\) = maximum number of years that can be sampled per reporting/monitoring period [set at 6 years; a WFD river basin monitoring cycle]

**Chlorophyll a (Chl-a) concentration**

Data on chlorophyll were very heavily skewed, and so they were \(\log_{10}\) transformed before further analysis. Analyses used data from April-September. Analyses were conducted using the \textit{nlme}, \textit{MuMIn} and \textit{effects} packages in R (Fox 2003, R Development Core Team 2009, Pinheiro et al. 2010, Barton 2011), assuming Gaussian errors.

- For the cross-GIG analysis, and considering instances where all lake attribute data were present, 34920 rows of data were available, from 3391 waterbodies in 13 countries. All lake typology classes were represented in the data set. The most optimal fitted model for this data set included interactions among all lake typology/location variables and month i.e. with none of the original explanatory variables removed.
- For the N-GIG analysis, 31750 rows of data were available from 2885 waterbodies in 5 countries. In this subset of the data there were relatively few high altitude data, and so these were combined with medium altitude data. In a few months, there were no data for certain lake types. We therefore split lake type into the constituent mean depth type and alkalinity type, to remove this problem. The most optimal fitted models collectively suggested that the monthly pattern of variation in \(\log_{10}\) Chl-a concentration (in N-GIG) is affected by latitude, longitude, \(\log_{10}\)TP concentration, alkalinity type, mean depth type and humic type.
• For the CB-GIG analysis, 3053 rows of data were available from 478 waterbodies in 8 countries. Within the CB-GIG, alkalinity type and altitude type were redundant as the vast majority of lakes were of high alkalinity and at low altitude. These variables were therefore omitted from the analysis. The most optimal fitted models suggested that the monthly pattern of variation in $\log_{10}$ Chl-a concentration (in CB-GIG) is affected by latitude, longitude, mean depth type and $\log_{10}$TP concentration.

• For the Med-GIG analysis, 463 rows of data were available from 190 waterbodies in 6 countries. However, this dataset is diminished drastically if only taking cases where all waterbody typology variables are known. Therefore, only interactions among monthly patterns in $\log_{10}$ Chl-a and $\log_{10}$TP concentration were modelled. Very few incidences of sub-monthly scale sampling were found in this subset of the background dataset, such that models attempting to distinguish monthly and within-monthly variability in metric scores failed to converge. Therefore, only models comparing inter-annual and spatial (among country and waterbody) components of variation could be run.

• Analysis at the cross-GIG scale, as well as for N-GIG and CB-GIG data, suggested that the variance in $\log_{10}$ Chl-a concentration among countries and waterbodies was greater than the temporal variance (Table 1). The residual variance $\sigma^2_r$ (representing other sources of metric variability) was consistently higher than estimates of variability at the monthly and inter-annual scales. Temporal variance was higher in CB-GIG than in N-GIG. For Med-GIG, inter-annual variance in $\log_{10}$ Chl-a concentration was less than among country and waterbody variance. As in the case of N-GIG and CB-GIG, the residual variance $\sigma^2_r$ was high compared to the temporal variance estimate. Please note that, for Med-GIG, $\sigma^2_r$ will include monthly variation.

• Using the formula for monthly and inter-annual scale temporal sampling variance (above) we can show the extent to which uncertainty in metric values can be diminished when sampling in different numbers of years and months. This has been done for the cross-GIG, N-GIG and CB-GIG analyses, in which it was possible to distinguish monthly and inter-annual variance components (Figs. 1-3). From these analyses, it can be seen that the sampling variance (and associated uncertainty) reduces markedly when increasing the number of months sampled from 1 per year to 2 per year and when sampling in 2-3 years, instead of 1. Of course, sampling in all 6 months of all 6 years, eliminates month and year-level temporal uncertainty completely. However, the cross-GIG and N-GIG analyses suggest that sampling variance can be reduced dramatically by sampling in 2 months, in each of 3 years. Due to the higher level of temporal variability for chlorophyll a in CB-GIG, a greater degree of replication would be needed to achieve this same reduction in sampling variance (perhaps 3-4 months in each of 4 years).
Table 1. Components of variation in log_{10} Chl-a, expressed as variances.

<table>
<thead>
<tr>
<th>Variance component</th>
<th>Cross-GIG</th>
<th>N-GIG</th>
<th>CB-GIG</th>
<th>Med-GIG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Country, ( \sigma^2_c )</td>
<td>0.094</td>
<td>0.036</td>
<td>0.042</td>
<td>0.050</td>
</tr>
<tr>
<td>Waterbody, ( \sigma^2_w )</td>
<td>0.142</td>
<td>0.134</td>
<td>0.146</td>
<td>0.199</td>
</tr>
<tr>
<td>Total spatial ( (\sigma^2_c + \sigma^2_w) * )</td>
<td>0.237</td>
<td>0.170</td>
<td>0.189</td>
<td>0.249</td>
</tr>
<tr>
<td>Year, ( \sigma^2_y )</td>
<td>0.003</td>
<td>0.003</td>
<td>0.018</td>
<td>0.048</td>
</tr>
<tr>
<td>Month, ( \sigma^2_m )</td>
<td>0.015</td>
<td>0.013</td>
<td>0.021</td>
<td>-</td>
</tr>
<tr>
<td>Residual, ( \sigma^2_r )</td>
<td>0.032</td>
<td>0.030</td>
<td>0.058</td>
<td>0.068</td>
</tr>
<tr>
<td>Total temporal ( (\sigma^2_y + \sigma^2_m) )</td>
<td>0.018</td>
<td>0.016</td>
<td>0.039</td>
<td>0.048</td>
</tr>
</tbody>
</table>

*spatial variance components were derived from a mixed-effects model with an intercept only (i.e. a null model).
Fig. 1. Changes in monthly and inter-annual scale temporal sampling variance for chlorophyll a, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the cross-GIG data set.
Fig. 2. Changes in monthly and inter-annual scale temporal sampling variance for chlorophyll a, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the N-GIG data set.
Fig. 3. Changes in monthly and inter-annual scale temporal sampling variance for chlorophyll a, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the CB-GIG data set. Note difference in scale compared to N-GIG and cross-GIG analyses.
PTI metric

The PTI metric was not transformed prior to analysis. Analyses used data from July-September. Analyses were conducted using the *nlme, MuMIn* and *effects* packages in R (Fox 2003, R Development Core Team 2009, Pinheiro et al. 2010, Barton 2011), assuming Gaussian errors.

- For the all-GIG analysis, and considering instances were all lake attribute data were present, 5186 rows of data were available, from 1253 waterbodies in 13 countries. There were relatively few high altitude data, and so these were combined with medium altitude data. The most optimal fitted models suggested that monthly variation in PTI scores is affected by $\log_{10}$ TP concentration and longitude.
- For the N-GIG analysis, 3900 rows of data were available from 782 waterbodies in 5 countries. The most optimal fitted models suggested that the monthly pattern of variation in PTI scores (in N-GIG) is affected by latitude, longitude, lake type and $\log_{10}$TP concentration.
- For the CB-GIG analysis, 1243 rows of data were available from 450 waterbodies in 8 countries. Within the CB-GIG, alkalinity type and altitude type were redundant as the vast majority of lakes were of high alkalinity and at low altitude. Humic type representation was also highly unbalanced: the majority of lakes had low humic content. These variables were therefore omitted from the analysis. The most optimal fitted models suggested that the monthly pattern of variation in PTI scores (in CB-GIG) is affected by longitude and $\log_{10}$TP concentration.
- For the Med-GIG analysis, 398 rows of data were available from 173 waterbodies in 5 countries. However, this dataset is diminished drastically if only taking cases where all waterbody typology variables are known. Therefore, only interactions among monthly patterns in PTI scores and $\log_{10}$TP concentration were modelled. Very few incidences of sub-monthly scale sampling were found in this subset of the background dataset, such that models attempting to distinguish monthly and within-monthly variability in metric scores failed to converge. Therefore, only models comparing inter-annual and spatial (among country and waterbody) components of variation could be run.
- Analysis at the cross-GIG scale, as well as for N-GIG and CB-GIG data, suggested that the variance in PTI scores among countries and waterbodies was greater than the temporal variance (Table 2). However, the residual variance $\sigma^2_r$ was consistently higher than either the monthly or inter-annual temporal variance, especially for CB-GIG and Med-GIG.
- The formula for the monthly and inter-annual temporal sampling variance (above) was used following the cross-GIG, N-GIG and CB-GIG analyses, in which it was possible to distinguish monthly and inter-annual variance components (Figs. 4-6). From these analyses, it can be seen that this component of the sampling variance (and associated uncertainty) reduces markedly when increasing the number of months sampled from 1 per year to 2 per year and when sampling in 2-3 years, instead of 1. All analyses suggest that sampling variance can be reduced dramatically by sampling...
in 2 months, in each of 3 years. In contrast to the findings for chlorophyll-α, there are only modest differences in the level of temporal uncertainty for the PTI metric, when comparing N-GIG and CB-GIG.

Table 2. Components of variation in PTI, expressed as variances.

<table>
<thead>
<tr>
<th>Variance component</th>
<th>Cross-GIG</th>
<th>N-GIG</th>
<th>CB-GIG</th>
<th>Med-GIG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Country, $\sigma^2_c$</td>
<td>0.280</td>
<td>0.058</td>
<td>0.070</td>
<td>0.031</td>
</tr>
<tr>
<td>Waterbody, $\sigma^2_w$</td>
<td>0.181</td>
<td>0.202</td>
<td>0.080</td>
<td>0.143</td>
</tr>
<tr>
<td><strong>Total spatial</strong> ($\sigma^2_c + \sigma^2_w$)</td>
<td><strong>0.462</strong></td>
<td><strong>0.260</strong></td>
<td><strong>0.150</strong></td>
<td><strong>0.174</strong></td>
</tr>
<tr>
<td>Year, $\sigma^2_y$</td>
<td>0.014</td>
<td>0.015</td>
<td>0.024</td>
<td>0.015</td>
</tr>
<tr>
<td>Month, $\sigma^2_m$</td>
<td>0.023</td>
<td>0.024</td>
<td>0.019</td>
<td>-</td>
</tr>
<tr>
<td>Residual, $\sigma^2_r$</td>
<td>0.043</td>
<td>0.028</td>
<td>0.076</td>
<td>0.096</td>
</tr>
<tr>
<td><strong>Total temporal</strong> ($\sigma^2_y + \sigma^2_m$)</td>
<td><strong>0.037</strong></td>
<td><strong>0.039</strong></td>
<td><strong>0.042</strong></td>
<td><strong>0.015</strong></td>
</tr>
</tbody>
</table>

*spatial variance components were derived from a mixed-effects model with an intercept only (i.e. a null model).*
Fig. 4. Changes in the monthly and inter-annual scale temporal sampling variance for the PTI metric, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the cross-GIG data set.
Fig. 5. Changes in the monthly and inter-annual scale temporal sampling variance for the PTI metric, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the N-GIG data set.
Fig. 6. Changes in the monthly and inter-annual scale temporal sampling variance for the PTI metric, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the CB-GIG data set.
Total cyanobacterial biovolume (TCB)

The TCB metric was log$_{10}$ transformed prior to analysis. Model selection and fitting was performed using *MCMCglmm* package (Hadfield 2010) in R (R Development Core Team 2009) and comparison of DIC values. Convergence of the chains was checked using the Gelman-Rubin-Brooks plots and diagnostics from the *coda* package (Plummer et al. 2006). Analyses used data from July-September. An exponential error structure was incorporated into the model for all analyses. Therefore, variance estimates are based on the metric on the exponential scale.

- For the all-GIG analysis, and considering instances where all lake attribute data were present, 5186 rows of data were available, from 1253 waterbodies in 13 countries. The most optimal fitted models suggested that the monthly pattern of variation in the TCB metric is affected by log$_{10}$TP concentration, at the cross-GIG scale.
- For the N-GIG analysis, 3900 rows of data were available from 782 waterbodies in 5 countries. The most optimal fitted models suggested that the monthly pattern of variation in the TCB metric (in N-GIG) is not affected by any of the variables examined.
- For the CB-GIG analysis, 1243 rows of data were available from 450 waterbodies in 8 countries. Within the CB-GIG, alkalinity type and altitude type were redundant as the vast majority of lakes were of high alkalinity and at low altitude. Humic type representation was also highly unbalanced: the majority of lakes had low humic content. These variables were therefore omitted from the analysis. The most optimal fitted models suggested that the monthly pattern of variation in the TCB metric (in CB-GIG) is affected by log$_{10}$TP concentration.
- For the Mediterranean GIG analysis 398 rows of data were available from 173 waterbodies in 5 countries. However, this dataset is diminished drastically if only taking cases where all waterbody typology variables are known. Therefore, only interactions between monthly patterns in the TCB metric and log$_{10}$TP concentration were modelled. Very few incidences of sub-monthly scale sampling were found in this subset of the background dataset, such that models attempting to distinguish monthly and sub-monthly variability in metric scores could not be run. Therefore, only models comparing inter-annual and spatial (among country and waterbody) components of variation were run. There was no significant monthly pattern in the variation in the metric with the level of log$_{10}$TP. Therefore, the yearly variance was estimated from a model fitted with only log$_{10}$TP as a fixed effect. For the Med-GIG analyses, the spatial variation is the main source of variation in the TCB metric.
- Analysis at the cross-GIG scale, as well as for N-GIG and CB-GIG data, suggested that the variance in the TCB metric among countries and waterbodies was greater than the temporal (monthly, inter-annual) variance (Table 3). For Med-GIG, inter-annual variance in the TCB metric was less than among country and waterbody variance. However, the residual variance $\sigma^2_r$ was frequently much higher than either the monthly or inter-annual metric variance components.
The formula for monthly and inter-annual scale temporal sampling variance (above) was used following the cross-GIG, N-GIG and CB-GIG analyses (Figures 7-9), in which it was possible to distinguish monthly and inter-annual variance components. From these analyses for the cross-GIG and N-GIG data, it can be seen that the sampling variance (and associated uncertainty) reduces when increasing the number of months sampled per year and when sampling in 3-4 years. For the CB-GIG analysis, the sampling variance does not reduce markedly when increasing the number of months sampled, but it does when increasing the number of years sampled from 1 year to 2-4 years.

Table 3. Components of variation in \( \log_{10}(\text{total cyanobacterial biovolume} +1) \), expressed as variances from best fit models with an exponential error structure.

<table>
<thead>
<tr>
<th>Variance component</th>
<th>Cross-GIG</th>
<th>N-GIG</th>
<th>CB-GIG</th>
<th>Med-GIG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Country, ( \sigma^2_c )</td>
<td>13245</td>
<td>20781</td>
<td>0.966</td>
<td>49095</td>
</tr>
<tr>
<td>Waterbody, ( \sigma^2_w )</td>
<td>36264</td>
<td>54332</td>
<td>2.243</td>
<td>9090</td>
</tr>
<tr>
<td><strong>Total spatial</strong> (( \sigma^2_c + \sigma^2_w ))</td>
<td>49509</td>
<td>75113</td>
<td>3.209</td>
<td>58185</td>
</tr>
<tr>
<td>Year, ( \sigma^2_y )</td>
<td>7637</td>
<td>6907</td>
<td>0.650</td>
<td>28348</td>
</tr>
<tr>
<td>Month, ( \sigma^2_m )</td>
<td>864</td>
<td>659</td>
<td>0.014</td>
<td>-</td>
</tr>
<tr>
<td>Residual, ( \sigma^2_r )</td>
<td>35854</td>
<td>41956</td>
<td>0.015</td>
<td>43880</td>
</tr>
<tr>
<td><strong>Total temporal</strong> (( \sigma^2_y + \sigma^2_m ))</td>
<td>8501</td>
<td>7566</td>
<td>0.664</td>
<td>28348</td>
</tr>
</tbody>
</table>

*Spatial variance components were derived from a mixed-effects model with no explanatory variables (i.e. a null model).
Fig. 7. Changes in the monthly and inter-annual scale temporal sampling variance for the TCB metric, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the cross-GIG data set.
**Fig. 8.** Changes in the monthly and inter-annual scale temporal sampling variance for the TCB metric, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the N-GIG dataset.
Fig. 9. Changes in the monthly and inter-annual scale temporal sampling variance for the TCB metric, assuming monitoring schemes which differ in the number of years and months-per-year sampled. Analysis based upon the CB-GIG data set.
Key messages

- For \( \log_{10} \text{Chl-a} \) concentration, PTI and \( \log_{10} \text{total cyanobacterial biovolume} \), inter-annual and monthly temporal variation was less than that found among waterbodies distributed along a wide pressure gradient. This would suggest that monthly and inter-annual scale temporal variation in these metrics is not of a great enough magnitude to occlude differences between systems that are experiencing different lake-level pressures.

- However, residual metric variance (\( \sigma_r^2 \)) was frequently high compared to monthly and inter-annual temporal variation. This was especially pronounced for the total cyanobacterial biovolume metric. The magnitude of the estimated residual variance components suggests the presence of additional, important, sources of metric variability. While short-term (within-month) temporal variation in the phytoplankton assemblage will contribute to this variability, \( \sigma_r^2 \) will also contain within it other sources of variation that are not directly linked to short-term plankton dynamics e.g. differences in sampling/sample processing procedures and analyst identity (Thackeray et al. 2011). Future analyses are needed to explicitly determine the independent components of \( \sigma_r^2 \) in order to quantify short term metric variation, independently of other uncontrolled sources of variation, and within the context of changes at the monthly and inter-annual scales.

- Herein, we have focussed our investigation on how the longer-term aspects of temporal uncertainty (monthly, inter-annual scale) can be affected by monitoring programme design. Estimates of monthly and inter-annual scale temporal sampling variance (i.e. the variability in waterbody mean metric scores that would arise from sampling different combinations of years, and months within each year) show that changes in sampling strategy can reduce this component of temporal uncertainty in metric scores markedly. For the PTI metric in N-GIG and CB-GIG, and \( \log_{10} \text{Chl-a} \) concentration in N-GIG, sampling in 2 months in each of 3 years would achieve a marked reduction in temporal metric uncertainty. For \( \log_{10} \text{Chl-a} \) concentration in CB-GIG, more temporal replication would be needed to achieve this same level of reduction in uncertainty. For the total cyanobacterial metric, a greater number of years may need to be sampled to reduce the overall monthly and inter-annual scale temporal sampling variance. In N-GIG, sampling in 2 months in each of 4 years would reduce the inter-annual and monthly component of metric uncertainty considerably, but for CB-GIG an increase in the number of sampling months would not have a major effect on sampling uncertainty.

- There is no single best solution in terms of sampling frequency, since temporal sampling uncertainty will always diminish with increasing temporal replication. The key issue is the need to reach an optimal trade-off between the need for monitoring precision, and the costs of monitoring itself. However, please note that the notion of reaching an optimally cost-effective frequency of sampling (expressed simply in terms of numbers of months and numbers of years sampled) implicitly assumes that months and years are fully substitutable e.g. all months within the predetermined seasonal
window are ecologically equivalent. This assumption may not be met in real communities.

- Attempts to make robust estimates of temporal and spatial components of variation in phytoplankton metrics are dependent upon having detailed and comprehensive monitoring data. It is necessary for sample data to be available for different months across a number of years, but also for multiple dates within months (at least in some cases). Furthermore, lake attribute/classification variables are essential if we are to fit biologically meaningful models that can capture gradients in the seasonality of phytoplankton communities.

- Results from the log_{10} Chl-a and total cyanobacterial biovolume analyses suggested that temporal variation did vary by GIG, and that different levels of temporal sample replication would be needed to achieve the same level of precision in waterbody mean metric values in different GIGs. Therefore, decisions on optimal sampling frequency may also differ by GIG.

- Our approach suggested that among-lake differences in the seasonal, within-year, patterns in phytoplankton metrics could be modelled effectively with the available explanatory variables. We will explore this further in a temporal uncertainty paper.

References


